



May 2019

Dear Parents & Campers,

Welcome to Creative Arts & Athletics (CAA)! We are excited to have you with us this summer as we celebrate our 37th season. Attached you will find important information about camp.

As you may know, classes tend to fill up quickly. Please return your Class Choice Schedule to us immediately. Classes are assigned on a first-come, first-served basis. Be sure to put your 1st, 2nd, 3rd and 4th choices down for each period. Keep in mind that classes are selected for the entire camp session.

This year our Class Choice Schedule is included as a **Word Document**. You can fill it out and return it to us in one of three ways. Please do not send a snapshot from your phone.

- ★ **Print a copy and write** in your 1st, 2nd, 3rd, and 4th choices in the “Choice #” column. Scan it as a PDF and email it back to us at **creativearts@cshnyc.org** . Try the CamScan app on your phone.
- ★ **Save a copy of the Class Choice Schedule and type** in your 1st, 2nd, 3rd, and 4th choices in the “Choice #” column. Save the updated version with the camper’s name in the subject and email it back to us at **creativearts@cshnyc.org** .

This year our Medical Form is online. Please log onto our online registration site (<https://cshnyc.campbrainregistration.com/>) with your username and password to complete the Medical Form by **JUNE 7st, 2019**.

You may also print an invoice of your payment receipt by going into your Account on the top right hand side of the platform.

Looking forward to a wonderful summer!

Dan Pacheco  
Interim Director



## CAA 2019 IMPORTANT INFORMATION

Don't forget to visit our website [www.creativeartsnyc.org](http://www.creativeartsnyc.org) for online versions of this packet as well as up-to-date information before and throughout the summer.

- ★ Your confirmed schedule and group leader information will be sent via postal mail in June. Make sure to bring it with you on your first day of CAA!
- ★ Creative Arts & Athletics begins on **Monday, July 1st**. Please plan to arrive on the first day no later than **8:30am**. Campers will be introduced to their Group Leaders. **There is NO CAMP on Thursday, July 4th and Friday, July 5th.**
- ★ Camp will be held in two locations: **1 East 91<sup>st</sup> Street** (where campers will be dropped off and picked up) and **406 East 91<sup>st</sup> Street**. Campers will travel by bus between locations and will be accompanied by adult chaperones.
- ★ **Morning Meeting starts promptly every day at 8:50am**; be sure to check in with your Group Leader before 8:50am. **Dismissal is at 4pm Monday–Thursday and at 1pm on Friday.**
- ★ There are no lockers available. All campers must bring a **labeled** backpack, which they will carry with them throughout the day.
- ★ We are a **NUT-FREE** camp. Please cooperate by not bringing any nut products to camp.
- ★ Bring your own lunch every day! No one is allowed to leave the building to buy lunch. Campers will carry their lunch in their labeled backpack. There is no refrigeration so you might want to include a cool pack. **Don't forget to pack a drink.**
- ★ Wear workable play clothes that you can move around in: T-shirts, sweats, shorts. **Sneakers or closed sandals** are recommended footwear for safety reasons.
- ★ This summer, **Pick-At-One** will only be offered to campers who do NOT select afternoon classes at our athletic facility. Pick-At-One is an opportunity to try something new every other week! These choices will be made during the camp session.
- ★ The New York Transit Authority requires all children above the age of six to pay when traveling on city buses or subways. We are providing free **METROCARDS** for the month of July for all campers.
- ★ The CAA Choice Program will go on a Field Trip to the Off Broadway matinee performance of **The Play that Goes Wrong** on Thursday, July 11<sup>th</sup>. Curtain is at 2pm. We will travel to the theatre on chartered buses. All campers will be picked up directly at the theatre. More detailed information to follow

# SPECIAL CAMP EVENTS

## **Off -Broadway Field Trip**

Thursday, July 11<sup>th</sup>, 2:00pm

The Kids Club will attend a performance of *The Gazillion Bubble Show* and the Choice Program will see *The Play that Goes Wrong*. We will travel to the theatre on chartered buses. All campers will be picked up directly at the New World Stages at 340 West 50th Street (between 8th & 9th Avenues) immediately following the show. More detailed information to follow.

## **Hat Day & Ice Cream Blow-Out**

Tuesday, July 16<sup>th</sup>, 12:30pm

Campers design homemade hats, compete for prizes (Skittles) and then everyone makes ice cream sundaes and watches CAA camp videos!

## **Family Fun Night @ 406**

Thursday, July 18<sup>th</sup>, 6:00-7:30pm

Parents always say they wish they could attend CAA. This year they can! Join us at 406 East 91st Street for a sampling of arts & athletics activities. The night's activities will also include a silent auction and 50/50 raffle. All proceeds go to the CAA Scholarship Fund.

## **The Musical: "SHREK"**

Thursday, July 25<sup>th</sup>, 6pm

Campers in the The Musical class Periods 1 & 2 will perform for parents and friends the evening before The Arts Festival!

## **Arts Festival**

Friday, July 26<sup>th</sup>, 9:00am-1:00pm

The last day of camp will culminate in our amazing shows, demonstrations and displays highlighting camp activities! Friends & family are invited! Schedule to follow.



## **Choice Program Class Descriptions 2019**

### **PERIOD 1**

#### **OUTDOOR SPORTS**

All Ages

##### *Athletics*

Start your day with a power walk to the park! You'll spend time outdoors in our very own backyard of Central Park, while competing with fellow campers and counselors in your favorite sports. We'll play kickball, flag football, soccer, capture the flag, relay races and much more.

#### **MUSICAL: SHREK**

All ages

##### *Performing Arts*

Beauty is in the eye of the ogre in Shrek The Musical JR., based on the Oscar-winning DreamWorks Animation film and fantastic Broadway musical. It's a "big bright beautiful world" as everyone's favorite ogre, Shrek, leads a cast of fairytale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is an irreverently fun show with a powerful message for the whole family. **NOTE: You must sign up for both periods 1 and 2!**

#### **NEWSPAPER: THE HEART BEAT**

All ages

##### *Journalism*

Extra! Extra! Read all about it! From front-page headline news to interviews, movie reviews, and the sports section, *The Heart Beat*, CAA's daily newspaper, offers a million opportunities to see YOUR name in PRINT. Do you have what it takes to be an ace reporter?

#### **READY TO ROCK**

All ages

##### *Music*

Ready for the jam sesh of the summer? Come learn the basics of rock and roll and play with your friends, plus a rockin' performance on the last day of camp. Beginners are welcome!

#### **ART IN THE PARK**

All ages

##### *Art*

Take a hike to paint and draw "en plain air" in outdoor spaces, including nearby Central Park!

#### **STOP MOTION ANIMATION**

All ages

##### *Video/Visual Arts*

Be the director, choreographer and movie star all at once—animate! Campers will use illustration, puppets, and claymation to make astounding, artistic, animated film shorts. Discover how animators at Pixar, Cartoon Network, and Disney produce animated cartoons and movies.



## **PERIOD 2**

### **MUSICAL: SHREK**

All ages

*Performing Arts*

Beauty is in the eye of the ogre in Shrek The Musical JR., based on the Oscar-winning DreamWorks Animation film and fantastic Broadway musical. It's a "big bright beautiful world" as everyone's favorite ogre, Shrek, leads a cast of fairytale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is an irreverently fun show with a powerful message for the whole family. **NOTE: You must sign up for both periods 1 and 2!**

### **SHARK TANK: FULL STEAM AHEAD!**

All ages

*Tech/Art*

Calling all mad scientists and innovative artists! In this class, you will use your engineering brain to complete and compete in design challenges. Workshop your ideas using science, technology, engineering, math, and most importantly, ART! Can you design the next great invention that can revolutionize the world?

### **VIDEO NEWS: Heartline**

Ages 9-14

*Video*

All the news to survive camp! The *Heartline* news team reports all the big stories in a way that is always fun, wacky and informational! Zombie attack? CITs with super powers? We're on the job!

### **POETRY IN MOTION**

All ages

*Performing Arts*

There are many ways to tell stories. Words, pictures, poetry, etc. But how can dramatic movement help bring that story to life? Come write short stories, poetry, adventures and epics and then bring those stories to life by acting it out!

### **SHUTTERBUG PHOTOGRAPHY**

*Tech/Art*

With your eye, a digital camera, and a computer, anything is possible. Learn about composition, perspective, and color. Create an eye-popping portfolio that you can share with all your "followers"!

### **STUDIO ART**

*Tech/Art*

All ages

We'll work together to hone your skills in painting and drawing, and learn the basics about putting together a portfolio. We will experiment with ink, watercolor, tempera and acrylic in loosely-structured activities that give you the freedom to concentrate on independent projects if you wish. Let your own talents inspire you!



## **PERIOD 3**

### **INDOOR SPORTS CHALLENGE**

All ages

*Athletics*

Challenge yourself and your friends with a variety of team and individual sports. Each day might include indoor soccer, basketball, badminton and relays! Sharpen your skills and test your competitive edge... and have fun!

### **CAA REALITY SHOW: *THE CHALLENGE***

Ages 10-14

*Video*

Two teams will compete on a variety of camp-centric tasks that are sure to challenge creativity and wits. The competition will be filmed and aired to the entire camp. So are you up for the challenge?

### **TAPPIN' FEET**

All ages

*Dance*

Hear those dancin' feet! Get your tap shoes and let's dance. Come play with rhythm and learn the basics of tap.

### **PHOTO PHANTASY**

All ages

*Art/ Technology*

Have you ever wanted to be somewhere you can't or that's too far away- like maybe on the top of the Eiffel Tower or in Hawaii? Join Photo Phantasy and you'll learn how to use Photoshop to superimpose yourself to that special place! You will also learn how to add filters, exaggerate, color and alter images - taking them from good to amazing!

### **KEYS AND STRINGS**

*Music*

All ages

Have you ever wanted to learn to play piano or guitar? Come learn to play chords that will impress your friends and family! You will learn the basics and by the end of the summer, you will be able to perform on stage!

### **SEW VERY AMAZING**

Ages 9-14

*Design*

**Basic experience necessary**

Improve your sewing and quilting skills and master the machine! You will design hot pads, tote bags, pillows, stuffed animals, quilts, aprons, tissue holders and even some clothing items! Boys are also encouraged to learn to master the machines and enjoy making items for friends and family!



## **PERIOD 4**

**For campers at 1 East 91st Street only:**

### **MUSIC VIDEOS**

All ages

*Video*

Like Beyoncé? Bruno Mars? Shake it off, these people have nothin' on you! Showcase your style, your rap skills or your dance moves by turning the latest pop songs into music video sensations—starring you!

### **BUILD-IT/BREAK-IT**

All ages

*Science*

Do you have a knack for construction and destruction? First, channel your inner engineer to build structures galore, then tap into your inner Godzilla to push your creations to the brink of failure- all in the name of science!

### **CIRQUE de CAA!**

All ages

*Performing Arts*

Drumroll, please! Over at le Cirque de CAA, you will learn juggling, perform gasp-inducing feats of balance (we have a tightrope!) and pick up basic acrobatic skills. We invite you to run away and join our circus!

### **UKULELE**

All ages

*Music*

Have you ever seen anyone frowning while holding a ukulele? Absolutely not! In this class you'll learn basic uke strums and techniques plus fun ukulele songs. You'll be carelessly strumming songs from your first day and by the end of the first week you won't be able to put it down!

### **GLEE: SHOW CHOIR**

All ages

*Performing Arts*

"Glee" means great delight or joy. If singing brings you pleasure, this is the class for you! Solos, group numbers, choral ensembles—we will do it all. Get ready to sing your heart out!

## **PERIOD 5**

**\*For campers at 1 East 91st Street only:**

### **BROADWAY DANCE**

Ages 10-14

*Performing Arts*

Learn original choreography from Broadway shows in this dance master class! By Festival Day you'll be a Broadway Baby!



### **YOGA STRETCH**

All ages

#### *Athletics*

The perfect way to end your day! Stretch and strengthen your body while centering your mind. Relax and achieve your inner peace!

### **MIXED MEDIA MADNESS**

All ages

#### *Art*

Do you love art? If the answer is yes, then this class is for you! Let your creative side run wild and explore painting, collaging, printmaking, sculpture and more.

### **CAA IMPROV AND CLOWNING**

All ages

#### *Drama*

Get ready to ham it up in this class! Learn and exercise your “yes and” improv skills and you will keep the crowd laughing. Clowning is an art, and you will learn this from our very own Big Apple Circus performer!

### **MUSIC TECHNO-logy**

#### *Music/Tech*

Become a DJ! By creating music from common sounds, you will learn the magic behind Garageband. Record, edit, add beats and instruments- you can become an expert composer without having ever played an instrument! You will create songs that will be performed and get the crowd dancing, all through technology!

## **PERIOD 4**

**\*For campers at Athletics & Wellness Center only (406 East 91st St.) BUS provided**

### **BOUNCE AND KICK**

Ages 11-14

Using one of the two full size basketball courts, we'll work on individual skills or play small sided games. You will be able to develop your game and become a better defender or attacking player. Play in the CAA Cup and CAA July Madness! You can become your own Lionel Messi, Cristiano Ronaldo or Alex Morgan. Futsal is an internationally renowned indoor soccer game. You will play small-sided games and develop your soccer skills. Play *the “beautiful game”*.

### **SWIMMING**

All ages

#### *Instructional (Monday & Wednesday) Recreational (Tuesday & Thursday)*

Cool off in our NCAA-size swimming pool while playing water games and improving your swimming skills. Instructors will lead lessons two days each week, developing technique to make it easier for you to move through the water. The other two days, students will participate in games like Sharks & Minnows, Water Polo, and Marco Polo.





## **ZUMBA**

All ages

*Athletics/Dance*

Let it MOVE you! Come join the Party and groove to the Latin beats that celebrate world rhythms. So much fun it won't feel like a workout at all

## **PERIOD 5**

**For campers at Athletics & Wellness Center only (406 East 91st St.)**

## **OLYMPIC SPORTS**

All ages

Whether you are a beginner or a novice, you can have fun working your way to the gold. Table tennis, volleyball, weightlifting, basketball, soccer, and fitness fun! Learn how to serve, keep score, apply spin to the ball and smash. This is a fun activity for all ages.

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All ages

*Instructional (Monday & Wednesday) Recreational (Tuesday & Thursday)*

Cool off in our NCAA-size swimming pool while playing water games and improving your swimming skills. Instructors will lead lessons two days each week, developing technique to make it easier for you to move through the water. The other two days, students will participate in games like Sharks & Minnows, Water Polo, and Marco Polo.

## **B.A.M. (BALLET AND MODERN)**

All ages

*Athletics/Dance*

Ballet, Modern and Fitness - the perfect combo! Improve your posture, flexibility and technique as you point your feet, stretch your limbs, feel the earth and reach for the sky!