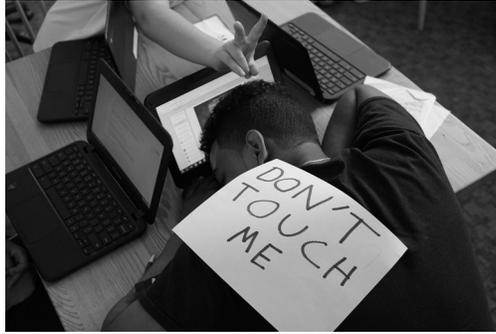


THESE CIT AND STAFF SLEEP HABITS WILL SHOCK YOU



SWEET DREAMS: Various CITs and Interns find innovative ways to fall asleep on the job. "Get away from me," said Intern Matthew Martinez, when asked if he was a "morning person."

While Unconscious, They Do Strange Things

By Corinne Rabbin-Birnbaum, Senior CIT

During CAA, it may seem as if the CITs and Staff never sleep. Running from class to class, helping out camper after camper, it looks as if these wonderful people work non-stop. This is not the case! CITs and Staff do sleep—not as much as they'd like, but still. But, the question remains: *how* do these pillars of the CAA community sleep? *The Heart Beat* decided to find out.

Staff Member Matt Margini: Reports indicate that Matt has extremely odd sleep habits. Matt cannot fall asleep without the television on, and frequently talks in his sleep. An anonymous source claims that Matt once opened his eyes in his sleep, and stated confidently: "We have to frame the scooby snacks." Strange.

Intern Matthew Martinez: Matthew sleeps every night with a killer whale plushie that he's had for many years. Recently, the whale (who he named Fluffernutter when asked on the spot) developed a rather worrying rip. Matthew made sure to bring Fluffernutter to the sewing class, where Mary helped him patch Fluffernutter up and make his as good as new. "You

wouldn't even know he was ripped!" Matthew said with glee.

Staff Member Christina Iglesias: Christina has the rare gift of being able to sleep anywhere at any time. "I could fall asleep on that floor right now," she said, pointing to a rather uncomfortable looking portion of the newsroom floor. "The only place I can't sleep is on airplanes."

CIT Nick Konig: Nick used to have awful night terrors. When he'd wake up, he'd be convinced he had done something terribly wrong, and would have terrible anxiety. His family would have to convince him he was indeed in the real world. Luckily for Nick, these horrible terrors are a thing of the past -- as of today, he is night terror free.

CIT Aliou Abdussami: Aliou has been known to laugh hysterically in his sleep (what he was laughing at is still unknown at press time). He also snores incredibly loudly, and sometimes talks—about what, he doesn't know.

Staff Member Audrey Ketchell: Audrey sleeps with her eyes open (!) and sits up completely during sleep. Wow!

Intern Ally Rosenzweig: Ally sleeps on her stomach with her hands, but not her head, on the pillow.

You Will Also Be Shocked by Their Cheese Preferences

By Tallulah Reiser, 10.7

I asked CITs, Staff members, and campers about their cheese preferences. The results are, frankly, astonishing:

- Brie: 2 people
- Gouda: 1 person
- Blue Cheese: 1 person
- American Cheese: 1 person
- Mozzarella: 3 people
- Cheddar: 5 people
- Pepper Jack: 1 person
- String Cheese: 1 person
- Muenster: 2 people
- Parmesan: 1 person
- "I don't have a favorite" (lame): 2 people
- "I don't like cheese" (super lame): 3 people

My conclusion:

Cheese is more complicated than I thought. Some people go through phases of liking different cheeses. For example, Christina liked cheddar for a number of years, and then she liked muenster. Now, she likes gouda. Some people don't like cheese at all. Some people like all cheeses. I learned from the Wisconsin Cheese website that the milk that makes the cheese must be great quality and very pure. I also learned that it takes approximately 10 pounds of milk to make one pound of cheese! When you learn about how cheese is made, it makes you really think next time you're eating cheese (if you like cheese).

And Also These Weird Facts About Them

By Sophie Saxl, 8.5, and Charlotte Simon, 8.6

I asked CITs, counselors and interns to tell me one weird fact about themselves. We got some pretty weird stuff! Here is our list of people and their weird facts!

Nick ... is a time traveler.

Dan ... has a tennis idol named Gussie.

Sarah ... is ambidextrous.

Sophia ... has broken her right arm 3 times and it never got her out of homework because she was left handed.

Matthew ... is 19 and still sleeps with a stuffed animal.

Christina ... has a pet goldfish with giant bubble cheeks.

Corinne ... hates scented candles and incense

Matt ... has a pet crayfish with one arm named The King (*Editor's Note: The King molted yesterday and grew back his missing arm. Don't you wish you could do that?*)

So that's our weird people!

CITs, Staff Consumed by Pokémon Go Obsession

By Preston Frankel, 11.8

Pokémon has been a very popular series, with cards, figures and 8-bit games. Recently, it has been taken to a new level, with your character tracking YOU on a map of YOUR city! It uses GPS to track you and your camera so you can see where pokemon are if they're near you. Most of the pokestops are at monuments that people know about. Although this augmented reality-formed world within Pokémon Go is very cool, it has caused many problems, including injuries and arrests. It is very popular among CAA, so I will be seeing how many people here play it.

I was wrong, not as many here people play it, including me, but it's all over the news, so it's still very popular.

Corinne is a devout Pokémon Go player, so I will interview her about the game overall.

Preston: So, how exactly do people play Pokémon Go?

Corinne: You get an account, and start looking for Pokémon

Preston: What are some of the main dangers of Pokémon Go?

Corinne: 1. Walking into things 2. Players can set up lures to attract pokemon to them, thus luring people in order to can rob them 3. When you use your gmail to login, it gives Niantic all your information on gmail.

Preston: What are the big advantages of Pokémon Go over other Pokémon games?

Corinne: It's fun because you can find Pokémon in real life and play with your friends.

Preston: So I hear that some personal information has been stolen from some people due to Pokémon Go. How do you feel about that?

Corinne: it makes me scared, that's why I recently stopped playing

Preston: Before you stopped, what was your favorite Pokémon?

Corinne: I really liked Abra, and I also really liked my Slow Poke, Kingler, and Magikarp.

Preston: So all in all, Pokémon Go has its advantages, and disadvantages, but you still love(d) it.

Corinne: I loved it, but it was also very distracting.

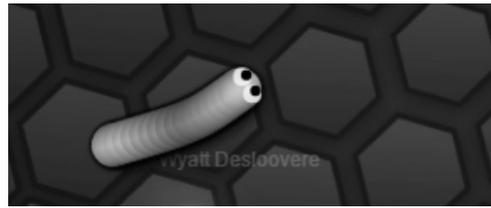


GOTTA CATCH 'EM ALL (BUT NOT AT CAMP): Players of Pokémon Go find CAA employees instead of Pokémon. What a disappointment.

The Game Campers Actually Play (Not Old People)

By Jacob Buller, 9.8

Maybe you have heard of the hit game *Slither.io*. Well, recent studies conducted at CAA have shown that people start to act like actual snakes and start slithering across streets after playing. Camper Jacob Buller said, "It is dangerously addictive, and once you start playing you can never stop." The owner of *slither.io* is Tiago Loureiro. This is his first hit game. Obama gave a speech about it and said, "My daughters like it, so I will not take it off the app store." WARNING: limit your time playing to 2 hours a day to avoid addiction. Camper Preston Frankel said, "Who doesn't!!! It is AWESOME!" Camper Noah Miller said, simply, "AWESOMENESS."



A screenshot from *Slither.io*, featuring Wyatt.

Do You Love Cats?

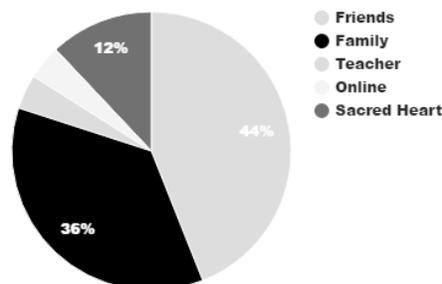
By Riley Thompson Wordsman, 7.9

I like cats, but let's see what CAA said. I surveyed 19 people. 11 people out of the 19 people don't like cats, but 8 people, not including me, like cats. "I think cats are beautiful, majestic animals," said CIT Corinne, "but I would never want one. Every cat I have ever met has scratched me, and they are not very affectionate." Let's see what Intern Matthew said: "I don't like cats because I am allergic and they scare me." Let's see what staff member Christina said: "I don't like cats because of kitty litter." Now let's see what staff Matt said: "I am afraid of kitty fart." But I LOVE cats, from fluffy ones to skinny ones. I LOVE CATS!

How Did You Find Out About CAA?

By Louisa Suk, 11.2, Katrina Lester, 11.7, and Hannah Katz, 11.1

Creative Arts is a camp that some of us have been in for many years, and some for only one or two. How did we all get here, though? We all heard it from somewhere, or someone. Here are the results we got:



Well, it seems like most people found out about CAA from friends. But how did their sources find out about CAA? Well, that's for another article.

Sign Mime

By Noah Miller, 10.2

The fairly new Sign Mime class doesn't have a lot of people, but some people think it will pick up speed! I decided to interview an intern, Matthew Martinez, who helps teach it...

Q: Have you learned the whole sign Language alphabet?

A: Yes I do know it, now I am learning to sign words instead of letters.

Q: Are there numbers in sign language? Are they different from letters?

A: Yes, but you can spell a number using letters.

Q: Did you know sign language before you took this class?

A: No, I was always interested in it, but I did not have the opportunity, so when I came to CAA, I instantly wanted to take this class.

Q: Do you think learning sign language is useful? If so, why?

A: I believe sign language is a language of the utmost importance, because I think if a person is deaf and they go to a hospital and nobody knows sign language they cannot communicate their problems.

Q: Is learning sign language fun? Why?

A: Of course because it is so exciting to learn a new language!

So according to intern Matthew Martinez the class Sign Mime is pretty fun even though there are only about 5 campers, 2 interns and 2 staff! The great thing about it is that if you learn sign language you can help deaf people, which is a great thing to do!



C IS FOR COOKIE: The Sign and Mime class show off their new skills at yesterday's Noontime Show.

SUZ SEZ

GET READY TO ROCK OUT AT SCHOOL OF ROCK TOMORROW!